

# Hygiene - it's all up to you!

## Personal cleanliness



clean, intact protective clothing



no jewellery



cover all cuts and scrapes

## Wash hands



before starting work



after using the bathroom



after smoking



after eating or drinking



after contact with spoiled products



before returning to work (also applies to breaks)

## General rules of conduct



do not smoke at work



do not eat or drink at work



work only in designated areas

## Diseases



report infections or diseases



on suspicion, no contact with colleagues or products

## Sneezing etiquette



into tissue or your upper sleeve or elbow

## Wearing protective clothing



use provided protective clothing

More information can be found here: [www.q-s.de/en](http://www.q-s.de/en)

Qualitätssicherung. Vom Landwirt bis zur Ladentheke.

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